**AFRICA**

**MBELE MAMA** (Swahili)

*Long time ago Mama*

Mbele Mama Mbele Mama a yeah x 2

Mbele Mama x 4

Mbele Mama Mbele Mama a yeah

**ZUA RENDE** (Zulu)

# *Sun goes down, sun please come back up*

# Zua Rende, Zua Rende, Zua Rende Zua Zo Ka

**TULI** (Namibia)

Tule Tuli x 3, Tuli Tuli

**NOYANA** (Xhosa, South Africa)

*You will go to heaven*

Noyana, noyana x 3

Noyana, se zulu

**BAKA SONGS**

*My Heart is Happy*

Bumalena e ya e yeah

Illi Olli Eeek Bom Bili Men Buzu

**YEMAYA ASSESSU** (Yoruba)

*When the river meets the ocean.*

Yemaya olodo

Assessu yemaya

Yemaya olodo

Olodo yemaya

**Ishe Oluwa** (Yoruba)

Ishe Oluwa, Kolebajeo (everything the creator does is all good)

[**BANAKOLOI**](http://www.youtube.com/) (Xhosa)

*About driving a car!*

Gana koloi Gana koloi

E masawana e masawana e masawana tsela e masawana a-wi-wi-wa a-wi-wi-wa﻿

**INDIA/KIRTAN**

**OM/AUM**

*Totally Of Sound And Existance*

**OM MANI PADME HUM**

*(The Jewel In The Lotus)*

**ANANDA MAI**

*Mother of Bliss, Absolute Consciousness, Being, Beyond all form*

Om Anandamayi, Chaitanya mayi,

Satya mayi, Paramayi

**O MA VAJRA GURU**

*To the mighty teacher, path to spiritual power*

O Ma Vajra Guru, O Ma Sidi Hum

**INDIAN SCALE**

Sa Re Ga Ma Pa Dda Ni Sa

**SO HAM**

So ham, so ham

God/Love/Joy/you/earth and I are one

**RA MA DA SA** (Healing mantra which taps into the energies of the sun, moon, earth, and the Infinite Spirit)

Ra Ma Da Sa, Sa Say So Hung

[**MANGALA CHARAN MANTRA**](http://www.spiritvoyage.com/mantra/Aad-Guray-Nameh/MAN-000020.aspx)(Sung for protection, a bow to wisdom)

Aad Guray Nameh  
Jugaad Guray Nameh  
Sat Guray Nameh  
Siri Guru Dayvay Nameh

**PAGAN & FIRST PEOPLES**

**OH MOTHER MOTHER**

Oh Mother Mother, Mother of all things x 4

Oh Mother Mother, let *peace* be with us

(*Balance, strength, wisdom, love, vision* etc)

**O GREAT SPIRIT**

O Great Spirit,

Earth Sun Sky and Sea,

You are inside and all around me

**E MALAMA** (Hawaiian)

*(Let us take care of the sacred earth, do what is right)*

E malama Ika heiau x 2

E malama pono Ika heiau

Ehhhh!

Earth & Sky, Sea and Stone

Hold this land in sacredness

**LISTEN TO THE VOICES**

Listen to the voices of the First Nations x 2

Calling out the messages of the earth and sky

Telling us what we need to know in order to survive

Listen to the voices of the First Nations

Listen to the voices of the old women

Calling out the messages of the moon and sea

Telling us what we need to know in order to be free

Listen to the voices of the old women

**CHEROKEE MORNING SONG** (Native American)

*I am of the Great Spirit*

Win Dae Yah Ho x 2,

Win Dae Yah x 2,

Ho Ho Ho Ho, Hey Yah Ho x 2,

Yeh, yeh, yeh

**RIVER OF BIRDS**

There’s A River Of Birds

In Migration A Nation Of Women With Wings

**THE RIVER IS FLOWING**

The river is flowing, Flowing and growing,

The river is flowing, Down to the sea.

Mother, carry me. Your child I will always be,

Father, carry me Home to the sea.

**THE EARTH IS OUR MOTHER**

The earth is our mother we must take care of her x 2

Heeeey yon a ho yon a hey yon yon x 2

Her sacred ground we walk upon with every step we take x 2

Chorus

The earth is our mother she will take care of us x 2

Chorus

**MA TE AROHA (MAORI)**

*‘Love’*

Ma te Aroha x 3

Ka or a e

**POP**

**SUNSET (UK)**

If I were never to leave you

If I were always alone

If I were never to see you

If I could set the sun

If I could set the sun

Oceans rise, Rivers rise

People rise , With the sun

**FIRE FIRE**

Fire Fire x 2, Fire Fire Fire,

In my soul.

Keeps on burning x 2, Keeps on burning, burning, burning,

In my soul

**US/CARRIBEAN**

**TOWER OF STRENGTH**

I am a tower of strength without and within

I am a tower of strength within

All burdens fall from my shoulders,

All anxieties lift from my mind

#### **SOON I WILL BE DONE**

#### Soon I will be done with the troubles of the world

#### Gonna occupy my mind

#### No more weeping and a wailing

#### **RISE**

Rise o sisters rise

Lets go meet them in the skies

For we’ll here the angels singing, In that morning

Yes I really do believe

That just before the end of time

We will hear the angels singing, In that morning

**SYLVIE, Sweet Honey in the Rock**

Bring me little water, Sylvie  
Bring me little water, now  
Bring me little water, Sylvie  
Every little once in a while

Don't you see me coming?  
Don't you see me, now?  
Don't you see me coming?  
Every little once in a while

Bring it a bucket, Sylvie etc.

**REGGAE BEAT**

What’s it all about,

You say you don’t like the reggae beat x 2

You must be crazy x 2

**PEOPLE GET READY**

I believe, I believe, I believe

I do believe

**AMEN**

Amen, Amen, Amen.

**WILL YOU BE THERE?**  
Carry  
Carry Me Boldly

Lift Me Up Slowly  
Carry Me There

Hold Me  
Lay Your Head Lowly  
Softly Then Boldly  
Carry Me There  
  
 **EUROPE/MIDDLE EAST**

**BABYLON** (Mountain Man)

By the floods, the floods, of Babylon

We sat down and wept, and wept, for thee Zion

We remember, we remember, we remember, thee Zion

**HASHIVEYNU** (Hebrew)

*Turn us to You and we shall return; Renew our days as of old.*

Hashivenu x 2

Adonai eilecha

v'na…..shuva, v'nashuva

chadesh, chadesh

yameinu k'kedem

**IL HAMDILLAH** (**Palestine**)

*Thanks be to God*

**EL NA RA (Hebrew Women’s Blessing)**

El Na R’fa Na La X 3 R’fua Shleima

# NESIDU-I-HUDA (Bosnian Sufi)

Allah Allah e Allah

Daj da vidim Bejtullah

**THE SEAL-WOMAN'S SEA-JOY** (Hebredian)

*A traditional selkie song, sung to attract seals.*

Ionn da ionn do, Ionn da

odar da   
Hi-o-dan dao x3 odar da.

**BATONEBO** (Georgian Healing Song)

Batonebo Mo-u o hey

Mo-u o hey Batonebo

Mo-u o hey Batonebo

La maziba ton ey bia (ee) i-a dava dipenia x 2

**TAIZE**

**NADA TE TURBE**

*Nothing will frighten you*

Nada te turbe, Nada Te Espante; Quien A Dios Tiene, Nada Le Falta.

Nada Te Turbe,

Nada Te Espante;

Sólo Dios Basta

**LA TENEBRE**

*There is no darkness*

La ténèbre n'est point ténèbre devant toi:  
la nuit comme le jour est lumière.

**UBI CARITAS**

Ubi caritas et amor

Ubi caritas Deus ibi est.

**VENI SANCTE SPIRITUS**